

The Federation of Holy Trinity Church of England Schools



PSHE Progression of Knowledge and Skills

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Year Group	N	YR	Y1	Y2	Y3	Y4	Y5	Y6
Physical Health	• be increasingly independent in meeting their own care needs • make healthy choices about food, drink, activity and toothbrushing • start eating independently and learning how to use a knife and fork • be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips • be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices	LMTW Come Fly with Me: Healthy Eating 3D PSHE Units: • To know the importance of hand washing to protect against illness •To know the basics of healthy eating and to explore a range of fruits and vegetables. • Basic personal hygiene • To make positive reallife choices	LMTW Going Wild: The Human Body and Physical Activity 3D PSHE Units: • Simple self-care - rest, time spent with friends and family and the benefits of hobbies and interests. • Importance of regular exercise. • Understand the importance of physical activity and rest as part of a balanced, healthy lifestyle • To make positive real-life simple choices. • I can recognise why healthy eating and physical activity are beneficial • Importance of personal hygiene - bathing and showering • To understand how muscles work • Teeth cleaning and good dental hygiene • To understand the importance of a healthy lifestyle • Know the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	LMTW Come Fly with Me: Food and Nutrition Balanced Diet 3D PSHE Units: • Know and understand the difference between the terms physical, emotional and mental • Benefits of regular exercise and understand the particular benefits of different physical activities for promoting health • Relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle • I can begin to make informed lifestyle choices • Know the importance of sufficient, good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn. • Understand the meaning of the word 'healthy' • I can begin to make informed lifestyle choices • Know the risks associated with an inactive lifestyle (including obesity) • Know the recommended guidelines for physical activity and understand the reasons for these	3D PSHE Units: • Know the principles of planning and preparing a range of healthy meals • Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle • I can begin to make informed lifestyle choices. • Learn to prepare and cook a variety of dishes	3D PSHE Units: • Know about the basic synergy between physical, emotional and mental health • I can recognise that when the body changes during puberty it can affect feelings and behaviour • I can take responsibility for my physical activity and nutrition in achieving a physically and mentally healthy lifestyle. • Know what constitutes a healthy diet (including understanding calories and other nutritional content) • Know about the different food groups and their related importance as part of a balanced diet • Develop an awareness of own dietary needs	LMTW A World of Bright Ideas: Nutrition Healthy Eating • Know how to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body • To take responsibility for my own safety and the safety of others and be able to seek help in an emergency (first aid). • To know the facts and science relating to allergies, immunisation and vaccination

Emotional and	Begin to understand how others might be	Be confident to try new activities and show	LMTW Ligh
Mental Health	feeling	independence, resilience and	Emotions
	Talk about their feelings using words	perseverance in the face of challenge	3D PSHE U
	like 'happy', 'sad', 'angry' or 'worried'	Show an understanding of their own feelings and	Know horecognise their emot
	Talk with others to solve conflict	those of others, and begin to regulate their behaviour	Recogr communic
	Select and use own activities and	accordingly	others
	resources, with help when needed.	Set work towards simple goals, being able to wait for what they want and	Learn h their views
	Show more confidence in new social situations	control their immediate impulses when appropriate	Recognized deal with a positive and a positive
		Show sensitivity to their own and to others' needs	Recognical dislikes
		Recognises what can cause different feelings (e.g. sympathy, sadness, relief)	Recogn manage r positive was
		·	Know the normal rare emotions (happiness anger, fee nervousness)
			of emotion humans ex relation to experience

ht Up the World:

Jnits:

- now to and talk about tions,
- anise and icate feelings to
- how to share
- anise, name and their feelings in way
- anise likes and
- anise, name and my feelings in a
- hat there is a ange of (e.g. s, sadness, ar, surprise, ess) and scale ons that all experience in o different experiences and situations

LMTW Zero to Hero:

Aspirations

3D PSHE Units:

- Recognise, name and manage my feelings in a positive way
- · Recognise how my behaviour and that of others may influence people both positively and negatively
- · Listen to, reflect on and respect other people's views and feelings
- Understand emotional changes as we grow up

I MTW That's All Folks:

Goals / Aspirations Personal Strengths

3D PSHE Units:

- · Know the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.
- · Know that mental wellbeing is a normal part of daily life, in the same way as physical health
- · Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle
- · Develop strategies for managing and controlling strong feelings and emotions

3D PSHF Units:

Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate

- · Develop strategies for managing and controlling strong feelings and emotions
- I can recognise how my behaviour and that of others may influence people both positively and negatively
- Learn about the importance of self-respect and how this links to their own happiness
- · Recognise, name and manage feelings in a positive way.
- Know that isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support

3D PSHE Units:

- Know how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings
- · Recognise that people can feel alone and misunderstood and learn how to give appropriate support
- · Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures
- Identify how to find information and advice through help lines
- Manage changing emotions and recognise how they can impact on relationships.

Recognise that people can feel alone and misunderstood and learn how to give appropriate support

- · Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures
- · Reflect on how to deal with feelings about myself, my family and others in a positive way
- · Recognise that positive friendships and relationships can promote health and well-being.

Developing Resilience Extremism and Radicalisation

To know how and when to seek support including which adults to speak to in school if they are worried about their health

LMTW Wars of The World:

- To know that it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough
- Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures
- · Identify how to find information and advice through help lines
- Recognise strengths and how they can contribute to different groups
- Identify and talk about my own and others' strengths and weaknesses and how to improve
- Be able to reflect on past achievements
- Recognise achievements of others as being worthwhile and important
- Know that mental wellbeing is a normal part of daily life, in the same way as physical health

Changing and		LMTW Going Wild:	LMTW: Under the Canopy	3D PSHE Units:	Know how and
		The Human Body	Managing Change	Know key facts about	understand why close relationships are formed,
Growing		me noman bedy	Wanaging Change	puberty and the	especially during
				changing adolescent	adolescence
		3D PSHE Units	3D PSHE Units	body	
		Learn about the	Understand that the	I can recognise how	Understand why friendship is important in
		physical changes in our	rate at which we grow	my behaviour and that	the establishment of
		bodies as we grow	differs from person to	of others may influence	close relationships
		_	person	people both positively	
		 Understand emotional 		and negatively	I can understand the
		changes as we grow up	 I can recognise and respect similarities and 	I can understand the	physical and emotional changes that take place
		Know that they have	differences between	physical and emotional	during puberty, why they
		rights over their own	people	changes that take place	are taking place and the
		bodies		during puberty, why they	importance of personal
			I can listen to and show consideration for	are taking place and the	hygiene
		I can recognise the	other people's views	importance of personal	
		simple physical changes to my body experienced	5 101 poopio 3 VIOVV3	hygiene	I can manage changing emotions and
		since birth	 I can show awareness 	I can recognise how	recognise how they can
			of changes that take	new relationships may	impact on relationships
		I can reflect on the	place as I grow.	develop	
		similarities and	Know and understand	- 1	Know about and
		differences between people	how to look after our	I can manage changing emotions and	understated the physical, mental and emotional
		реоріс	teeth	recognise how they can	changes that takes
		 I can recognise and 		impact on relationships.	place during puberty
		respect similarities and	Understand what		
		differences between	happens when we lose teeth as we grow up and	I can recognise that	Learn about sexual
		people.	why this happens	when the body changes during puberty it can	relationships in relation to puberty and changing
		Learn about how our	m, marappons	affect feelings and	relationships.
		needs change and grow		behaviour	
		as we develop	I can show awareness		I can understand the
		. I a sua sa a susta a Ma a	of changes that take place as I grow.	Know about and	physical and emotional
		 I can recognise the simple physical changes 	place as i glow.	understand the cyclic nature of life and how	changes that take place during puberty, why they
		to my body experienced		death is an inevitable	are taking place and the
		since birth.		part of this cycle	importance of personal
					hygiene
					I can manage changing emotions and
					recognise how they can
					impact on relationships
					Know about gender
					identities and have an awareness of
					transgender issues,
					including gender
					reassignment
					. He death as 10
					Understand the difference between
					being a transgender
					person and a cross-
					dresser

	Do not always pood	Evolain the reasons for	Unity in the Community	3D PSHE Units:	3D PSHE Units:	T	3D PSHE Units:	3D PSHE Units:
Keeping Safe	Do not always need	Explain the reasons for	Unity in the Community:	3D PSHE UNITS:	3D PSHE UNITS:		3D PSHE UNITS:	3D PSHE UNITS:
Recping saic	an adult to remind	rules, now right from	Road Safety.					
	them of a rule	wrong and try to behave	Contact the Alexander	Know how to respond			Know the facts about	I can take responsibility
		accordingly	Light Up the World:	safely and appropriately	I can recognise and		legal and illegal harmful	for my own safety and
			Sun Safety	to adults they may	manage risk in everyday		substances and	the safety of others and
		Set work towards simple		encounter (in all	activities		associated risks,	be able to seek help in
				contexts, including	. Loon take reen ensibility		including smoking,	an emergency.
		goals, being able to wait for what they want and		online) whom they do	I can take responsibility		alcohol use and drug-	- Know concents of
		control their immediate		not know	for my own safety and the safety of others and		taking	Know concepts of basic first-aid, for
		impulses when		I can recognise risk in	be able to seek help in		I can take action	example, dealing with
		appropriate		everyday activities	an emergency		based on responsible	common injuries,
		арргорнате		everyddy dciivilles	arremergency		choices	including head injuries
		Give focused attention		I can take	I can extend strategies		Choices	including fledd injulies
		to what the teachers		responsibility for my own	to cope with risky		I can identify the	I can take action
		says, responding		safety and the safety of	situations		different kinds of risks	based on responsible
		appropriately even		others and be able to	31100110113		associated with the use	choices
		when engaged in		seek help in an	I can behave safely		and misuse of a range of	0.10.003
		activity, and show an		emergency	and responsibly in		substances and the	I can recognise and
		ability to follow		omeigene,	different situations.		impact that misuse of a	respond to issues of
		instructions involving		Learn about the			range of substances can	safety relating to myself
		several ideas or actions		importance of medicine	Know how to make a		have on individuals, their	and others, and how to
		1		safety	clear and efficient call to		family and friends	get help
		1		,	emergency services if		,	
		1		Know that all	necessary		• I can make	1
		1		household products,	<u> </u>		responsible, informed	1
				including medicines, can	I can recognise the		decisions relating to	
				be harmful if not used	importance of local		medicines, alcohol,	
				properly	organisations in providing		tobacco and other	
				11 7	for the needs of the local		substances and drugs.	
				 I can recognise that 	community		Ç .	
				some substances can	•		 Know the facts about 	
				help or harm my body	 I can make decisions, 		legal and illegal harmful	
					giving consideration to		substances and	
				 I can seek help from 	the impact they may		associated risks,	
				an appropriate adult	have on others		including smoking,	
				when necessary			alcohol use and drug-	
					 I can recognise and 		taking	
				 I can know how to 	manage risk in everyday			
				keep safe and how and	activities		 I can take action 	
				where to get help			based on responsible	
					 I can take responsibility 		choices	
				 I can recognise and 	for my own safety and			
				manage risk in everyday	the safety of others and		Know concepts of	
				activities.	be able to seek help in		basic first-aid, for	
					an emergency		example, dealing with	
							common injuries,	
					I can extend strategies		including head injuries	
					to cope with risky		. I tollti	
					situations		I can take action	
							based on responsible	
		1			I can behave safely		choices	1
					and responsibly in different situations		I can recognise and	
					different situations			
		1					respond to issues of safety relating to myself	1
							and others, and how to	
							get help	
		1					Aei iieih	1
		1						1
		1						1
		1						1
		1						1
		I	l .	I .	l .	l .		1

Keeping Safe	3D PSHE Units:	3D PSHE Units	3D PSHE Units	LMTW Lightning Speed	3D PSHE Units	3D P
						_
Online	I can explain why work	I can explain how other	I can give reasons why	E-Safety Privacy	I can explain how	• Fa
Offinite	I create using	people's identity online	I should only share		many free apps or	how
	technology belongs to	can be different to their	information with people I	3D PSHE Units:	services may read and	cons
	me (e.g. 'It's my idea' or	identity in real-life	choose to and can trust		share private information	onlin
	'I designed it').			Know about the benefits	(e.g. friends, contacts,	
		 I can describe ways in 	I can explain that if I	of rationing time spent	likes, images, videos,	• I C
	 I can save my work so 	which people might	am not sure or feel	online, the risks of	messages, geolocation)	in w
	that others know it	make themselves look	pressurised, I should ask a	excessive time spent on	with others	deve
	belongs to me (e.g.	different online	trusted adult	electronic devices and	I can explain what app	repu
	filename, name or	 I can give examples 	 I understand and can 	the impact of positive and	permissions are and can	
	content).	of issues online that	give reasons why	negative content online	give some examples	• I c
		might make me feel sad,	passwords are important	on their own and others'	g.,	anyo
	I can recognise that	worried, uncomfortable		mental and physical well-	I can explain what a	prot
	there are many people	or frightened.	I can describe	being	strong password is and	pers
	online who could make	or ingrironed.	strategies for creating	To know why social	demonstrate how to	repu
	me feel sad,	I can give examples of	and keeping passwords	media, some computer	create one.	degi
	embarrassed or upset.	how I might get help.	private	games and online	credie one.	uegi
	embanassea or opser.	now imigni gerneip.	private		I can explain how	I car
			. I save also sales a le suu	gaming, for example, are age restricted		
			I can describe how	age resincted	identity online can be	engi
	I can describe and	I can give examples	connected devices can		copied, modified or	resul
	demonstrate how to get	of how I might use	collect and share my	To know where and how	altered	rank
	help from a trusted adult	technology to	information with others	to report concerns and		
	or helpline if I find	communicate with	I can explain what is	get support with issues	I can demonstrate how	• I C
	content that makes me	others I don't know well	meant by the term	online.	to make responsible	use s
	feel sad, uncomfortable,		'identity'		choices about having an	effe
	worried or frightened.	 I can describe how 		 I can describe strategies 	online identity,	
		online information about	 I can explain how I 	for safe and fun	depending on context.	• I C
		me could be seen by	can represent myself in	experiences in a range of		some
		others	different ways online	online social environments		can
				(e.g. live streaming,	 I can describe ways 	offer
		 I can describe and 	 I can explain ways in 	gaming platforms)	that information about	
		explain some rules for	which and why I might		anyone online can be	• I C
		keeping my information	change my identity	I can give examples of	used by others to make	why
		private.	depending on what I am	how to be respectful to	judgements about an	pres
			doing online (e.g.	others online and	individual and why these	'fac
			gaming, using an avatar,	describe how to	may be correct	pop
		I can explain how	social media	recognise healthy and	,	or th
		information put online	ooda modia	unhealthy online	I can explain what is	thos
		about me can last for a	I can describe ways in	behaviours	meant by 'being	not r
		long time	which people who have	Deliavious	sceptical'; I can give	true,
		long line	similar likes and interests	I can explain how	examples of when and	ever
		I know who to talk to if	can get together online	content shared online	why it is important to be	evei
		I think someone has	curr ger logerner orilline	may feel unimportant to	'sceptical'	•1c
		made a mistake about	I can give examples of	one person but may be	sceptical	ʻinflu
					- Loop ovelvete digital	'mai
		putting something online.	technology-specific	important to other	I can evaluate digital	
			forms of communication	people's thoughts feelings	content and can explain	'per
		. Laurates 9	(e.g. emojis acronyms,	and beliefs	how to make choices	how
		I can describe why	text speak)		about what is trustworthy	enco
	1	other people's work	I	I can recognise when	l	Ι.
		belongs to them	I can explain some	someone is upset, hurt or	I can explain key	• I C
			risks of communicating	angry online	concepts including:	to a
		 I can recognise that 	online with others I don't		information, reviews,	the v
		content on the internet	know very well	 I can describe ways 	fact, opinion, belief,	infor
		may belong to other		people can be bullied	validity, reliability and	expl
		people	 I can explain why I 	through a range of media	evidence	strat
			should be careful who I	(e.g. image, video, text		
		 I can explain what 	trust online and what	chat)	 I can identify where is 	
		passwords are and can	information I can trust		the Internet can draw us	• I C
	1	use passwords for my	them with	I can explain why	to information for	shari
		accounts and devices		people need to think	different agendas, e.g	may
			 I can explain how my, 	carefully about how	website notifications,	eithe
		I can explain how	and other people's,	content they post might	pop-ups, targeted ads	nego
		many devices in my	feelings can be hurt by	affect others, their feelings	F-F 000, 10.90.00 dds	1 9
		home could be	what is said or written	and how it may affect	I can describe ways of	• I c
		connected to the	online	how others feel about	identifying when online	be k
	1	internet and can list	OT MILE	them	content has been	resp
	1	some of those device.	I can explain why	HIGH		inclu
		some of mose device.	• 1 Can explain why		commercially sponsored	of re

• I can explain why someone may change commercially sponsored or boosted, (e.g. by

- D PSHE Units
- Fake news: To know ow to be a discerning onsumer of information
- I can explain the ways which anyone can evelop a positive online eputation .
- I can explain strategies nyone can use to rotect their 'digital ersonality' and online eputation, including egrees of anonymity
- can explain how search ngines work and how esults are selected and inked
- I can explain how to se search technologies ffectively
- I can describe has ome online information an be opinion and can ffer examples
- I can explain how and hy some people may resent 'opinions' as acts'; why the opularity of an opinion the personalities of nose promoting it does ot necessarily make it, ue, fair, or perhaps ven legal
- I can define the terms nfluence', nanipulation' and persuasion' and explain ow someone might ncounter these online
- I can demonstrate how analyse and evaluate ne validity of 'facts' and formation, and I can xplain why these rategies are important
- I can explain how naring something online nay have an impact ther positively or egatively
- I can describe how to e kind and show espect for others online, including the importance of respecting boundaries

- their mind about trusting anyone with something if they feel nervous, uncomfortable or worried
- I can explain what it means to 'know someone' online and why this might different from knowing someone in real life
- I can explain what is meant by 'trusting someone online'. I can explain why this is different from 'liking someone online'
- I can explain the importance of giving and gaining permission before sharing things online; how the principles of sharing online
- are the same as sharing offline e.g. sharing images and videos.
- I can describe appropriate ways to behave towards other people online and why this is important
- I can give examples of how bullying behaviour could appear online and how someone can get support.
- I can recognise that I need to be careful before I share anything about myself or others online
- I can give examples of what anyone may or may not be willing to share about themselves online
- I know who I should ask if I am not sure if I should put something online
- I can explain that not all opinions shared may be accepted as true or fair by others (e.g. monsters under the bed)
- I can describe how we can get help from a trusted adult if we see content that makes us

- I can explain ways that some of the information about anyone online could have been created, copied or shared by others
- I can analyse information to make a judgement about probable accuracy and I understand why it is important to make my own decisions regarding content and that my decisions are respected by others
- I can describe how to search for information within a wide group of technologies and make a judgement about the probable accuracy (e.g. social media, image sites, video sites)
- I can describe some of the methods used to encourage people to buy things online (e.g. advertising offers; in-app purchases, pop-ups) and can recognise some of these when they appear online
- I can explain why lots of people sharing the same opinion or beliefs online do not make those opinions or beliefs true
- I can explain that technology can be designed to act like or impersonate living things (e.g. bots) and describe what the benefits and the risks might be
- I can explain what is meant by fake news e.g. why some people will create stories or alter photographs and put them online to pretend something is true when it isn't.
- I can explain how my online identity can be different to my offline identity
- I can describe positive ways for someone to interact with others online and understand how this

- commercial companies or by vloggers, content creators, influencers)
- I can explain what is meant by the term 'stereotype', how 'stereotypes' are amplified and reinforced online, and why accepting 'stereotypes' may influence how people think about others
- I can describe how fake news may affect someone's emotions and behaviour, and explain why this may be harmful
- I can explain what is meant by a 'hoax'. I can explain why someone would need to think carefully before they share.
- I can describe ways, technology can affect health and well-being both positively (e.g. wellbeing apps) and negatively
- I can describe some strategies, tips or advice to promote health and well-being with regards to technology
- I recognise the benefits and risks of accessing information about health and well-being online, and how we should balance this with talking to trusted adults and professionals
- I can explain how and why some apps and games may request or take payment for additional content and explain the importance of seeking permission from a trusted adult before purchasing.
- I can assess and justify when it is acceptable to use the work of others
- I can give examples of content that is permitted to be reused and know how this content can be found online.

- regarding what is shared about them online and how to support them if others do not
- I can describe how things shared privately online can have unintended consequences for others
- I can explain that taking or sharing inappropriate images of someone even if they say it is okay, may have an impact for the sharer and others; and who can help if someone is worried about this
- I can describe how to capture bullying content as evidence
- I can explain how someone would report online bullying in different contexts.
- I can identify and critically evaluate online content relating to gender, race, religion, disability, culture, and other groups, and explain why it is important to challenge and reject inappropriate representations online
- I can describe issues online could make anyone feel sad, worried, uncomfortable, or frightened. I know and can give examples of how to get help, both on and offline
- I can explain the importance of asking until I get the help needed.
- I can describe common systems that regulate age-related content and describe their purpose
- I recognise, and can discuss the pressures that technology can place on someone and how/when they could manage this
- I can recognise features of persuasive

feel sad, uncomfortable, worried or frightened.

I can explain why spending too much time using technology can sometimes have a negative impact on me.

- I can explain why some online activities have age restrictions, why it is important to follow them and know who I can talk to if others pressure me to watch or do something online that makes me feel uncomfortable
- I can explain why copying someone else's work from the internet without permissions can cause problems

will positively impact on how others perceive them

- I can explain that others online pretend to be someone else, including my friends, and can suggest reasons why they might do this.
- I can give some simple examples of content which I must not use without permission from the owner e.g. videos, music, images I can describe strategies for keeping personal information private, depending on the context
- I can explain that internet use is never fully private and is monitored, e.g. adult supervisions
- I can describe how some online services may seek consent to store information about me; I know how to respond appropriately and who I can ask if I am not sure
- I know what the digital age of consent is and the impact this has on online services asking for consent.

- technology-specific forms of communication (e.g. emojis, memes, and
- are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my/our fault
- I can describe some of the ways people may be involved in online communities and describe how they might collaborate constructively with others and make positive contributions
- I can explain how someone can get help if they are having problems and identify when to tell a trusted adult
- I can demonstrate how to support others (including those who are having difficulties) online
- I can recognise online bullying can be different to bullying in the physical world and can describe some of those differences

- · I can give examples of
- I can explain that there

- I can describe how what one person sees as playful, joking and teasing (including 'banter') might be experience by others as bullying
- I can explain how anyone can get help if they are being bullied online and identify when to tell a trusted adult
- I can identify a range of ways to report concerns and access support both in school and at home about online bullying
- I can explain how to block abusive users

- design and how they are used to keep users engaged (current and future use)
- I can assess and action different strategies to limit the impact of technology on health (e.g. night-shift mode, regular breaks, correct posture, sleep, diet, and exercise)
- Lunderstand the concept of persuasive design and how it can be used to influence people's choices
- I can describe the difference between online misinformation and disinformation
- I can explain more information that is on a large number of sites may still be inaccurate or untrue and I can assess how this might happen
- I can demonstrate how to analyse and evaluate the validity of facts and information, and I can explain why using these strategies are important.

I can describe effective ways people can manage passwords

- I can explain what to do if a password is shared, lost or stolen
- I can describe how and why people should keep their software and apps up to date, e.g. auto updates
- I can describe simple ways to increase privacy on apps and services that provide privacy settings
- I can describe ways in which some online content targets people to gain money or information illegally; I can describe strategies to help me identify such content (e.g. scams, phishing)

Healthy an Unhealthy Relationship

Talk about their feelings using words like 'happy', 'sad', 'anary' or 'worried'

Talk with others to solve conflict

Develop appropriate ways of being assertive

Select and use own activities and resources, with help when needed.

Increasingly follow rules, understandina why they are important

Becomes more outaoina with unfamiliar people, in the safe context of their settina

Explain the reasons for rules, now right from wrong and try to behave accordinaly

Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate

 Form positive attachments to adults and friendships with peers

Show sensitivity to their own and to others' needs

- ·Says when they do or don't need help
- Knows the people who look after them and their different roles and responsibilities

· I can recognise right and wrong, what is fair

- I can recognise the difference between right and wrong and what is fair and unfair.
- · Know that families are important for children growing up because they can give love, security and stability
- · I can recognise that there are people who care for and look after me
- · I can identify different relationships that I have and why these are important

3D PSHE Units:

- · Recognise what is kind and unkind behaviour
- Understand that family and friends should care for each other
- I can recognise how my behaviour affects other people
- I can consider different types of teasing and bullying, understand that bullying is wrong and know how to get help to deal with bullying
- · I can recognise right and wrong
- I can recognise how attitude and behaviour. including bullying, may affect others
- I can recognise how my behaviour and that of others may influence people both positively and negatively.
- and unfair and explain

3D PSHE Units:

- · Recognise what is fair and unfair
- · Learn to take part in discussions with the whole class in a safe environment
- · I can recognise right and wrong, what is fair and unfair and explain

I can recognise how my behaviour and that of others may influence people both positively and negatively

- Understand that family and friends should care for each other
- · I can listen to, reflect on and respect other people's views and feelina.

Understand that all actions have consequences

- Take responsibility for our actions
- Learn from experiences

LMTW Athens Vs Sparta

Bullying and Reactions

LMTW Under the Canopy

Family Units

3D PSHE Units:

- Know and understand the features of a good friend
- · Understand why it is important to be positive in relationships with others

Know how important friendships are in making us feel happy and secure, and how people choose and make friends

- Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded
- · Know and understand the features of a good friend
- · Understand why it is important to be positive in relationships with others
- · I can work cooperatively, showing fairness and consideration to others

Know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right

· Know what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)

3D PSHE Units:

- · Understand what selfesteem is and why it is important
- Know how to communicate their opinions in a group setting
- I can recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying
- I can talk about my views on issues that affect me and my class
- I can empathise with another viewpoint
- I can form and maintain appropriate relationships with a range of different people.
- I can recognise how new relationships may develop

3D PSHE Units:

anonymous

can help people

I can describe the

experiencing bullying,

and how to access them

helpline services, which

- Know that the same principles apply to online relationships as to faceto-face relationships. including the importance of respect for others online including when we are
- Know how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met
- . Know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.

Know that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact

- Know about and understand the importance of touch in a range of contexts
- Know the difference between appropriate and inappropriate touches
- Know how to recognise and report feelings of being unsafe or feeling bad about any adult
- · I can recognise when physical contact is acceptable and unacceptable
- · I can judge what kind of physical contact is acceptable or unacceptable in relationships.

conditions that govern their use. LMTW Units Wars of The

services have terms and

World: **Extremism** and Radicalisation

I know that online

3D PSHE Units:

- I can judge what kind of physical contact is acceptable or unacceptable in relationships
- Know the features of a healthy relationship
- I can recognise how new relationships may develop
- I can recognise that positive friendships and relationships can promote health and wellbeina
- I can reflect on the many different types of relationships that exist
- Know that bullying (including cyberbullying) has a negative and, often, lasting impact on mental well-being
- I can recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying
- I can recognise that positive friendships and relationships can promote health and wellbeing.

Know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong

Know that relationships can change as a result of growing up

• I can reflect on how to deal with feelings about

			I can seek help from an appropriate adult when necessary I can develop positive relationships through work and play I can listen to and show consideration for other people's views I can listen to, reflect on and respect other people's views and feeling I dentify their special people and what makes them special I can recognise that there are people who care for and look after me I can identify different relationships that I have and why these are important I can listen to and show consideration for other people's views I can listen to, reflect on and respect other		I can form and maintain appropriate relationships with a range of different people Know and understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty kindness, generosity, trust, sharing interests Understand why it is important to be positive in relationships with others		I can reach agreements, make decisions and manage discussions to achieve positive results Know how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed Understand the need for empathy when peers are experiencing conflict at home	myself, my family and others in a positive way I can develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressure I can manage changing emotions and recognise how they can impact on relationships Learn about sexual relationships in relationships in relation to puberty and changing relationships.
	Pooin to understand	Re confident to try now	people's views and feelings	LAATW/Land Above	LATM Athons Vs Sports	LAATIW Come Ely With Me	3D BCHE Hoite:	LAATIW A World of Pright
Working with others	Begin to understand how others might be feeling Develop appropriate ways of being assertive	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge	LMTW Happily Ever After: Bullying Teasing Behaviour LMTW Come Fly with Me:	LMTW Land Ahoy: Rules / Expectations Sharing	LMTW Athens Vs Sparta: Working Together Persistence and Resilience	LMTW Come Fly With Me America: Communication	3D PSHE Units: • Know the importance of permission-seeking and giving in relationships with friends, peers and adults	LMTW A World of Bright Ideas: Collaboration LMTW Wars of The World:
	Play with one or more other children, extending and elaborating play ideas Help to find solutions to conflicts and rivalries Select and use own activities and resources, with help when needed. Increasingly follow rules, understanding why they are important Show more confidence in new social situations	Explain the reasons for rules, now right from wrong and try to behave accordingly Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions Work and play cooperatively and take turns with others	Friendship 3D PSHE Units: I can listen to and show consideration for other people's views I can listen to, reflect on and respect other people's views and feelings. Be able to take turns Agree and follow rules for a collaborative game I can listen to and show consideration for other people's views I can listen to, reflect on and respect other	3D PSHE Units: Recognise the importance of listening to other people Understand the importance of being able to work cooperatively Understand the concept of negotiation I can recognise, name and manage my feelings in a positive way I can share my opinions on things that matter to me	3D PSHE Units: Recognise that there are many ways to communicate • Understand the need to communicate clearly • I can work cooperatively, showing fairness and consideration to others • I can face new challenges positively and know when to seek help Understand why it is important to listen to others • I can work cooperatively, showing	3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to communicate their opinions in a group setting	Recognise that there are many different ways to communicate and explain importance of why Understand the need for confidentiality in certain situations I can work cooperatively, showing fairness and consideration to others I can recognise and respond to issues of safety relating to myself and others and how to get help. I can negotiate and present my own views	Developing Resilience LMTW I Have a Dream: Collaboration

				•	•			
	Becomes more		people's views and	I can listen to and	fairness and	Understand why it is		
	outgoing with	Show sensitivity to their	feelings	show consideration for	consideration to others	important to listen to		
	unfamiliar people, in	own and to others'	. Laura a sustata su	other people's views	. I a sua dalla sub a ch	others		1
	the safe context of	needs	I can consider ways of leaking after the cabasi.	. Loon liston to rollt	I can talk about my			
	their setting		looking after the school	I can listen to, reflect an and respect other	views on issues that	• Logn liston to and share		
	start taking part in	•Says when they do or	or community and how to care for the local	on and respect other people's views and	affect me and my class	I can listen to and show consideration for other		
	some group activities	don't need help	environment	feelings	I can empathise with	people's views		
	which they make up	don' i neca neip	S.I.VII OT II I I CT II	100111193	another viewpoint	Poopie 3 views		
	for themselves, or in	•Knows the people who	I can identify the	I can negotiate and	GHOHICI VICWPOIIII			
	teams	look after them and their	importance of rules and	present my own views	Know how to identify	• I can work		
	1041115	different roles and	be able to say why rules	preserii iii, e iiii iieiis	ways to improve the	collaboratively towards		
		responsibilities	applying to me are		environment	common goals		
			necessary	I can reflect on the		3.1.1		
				similarities and	 Know how to spot 	I can reach		
			 I can express views 	differences between	problems and find ways	agreements, make		
			and take part in	people	of dealing with them	decisions and manage		
			decision-making			discussions to achieve		
			activities to improve my	 I can identify and talk 		positive results		
			immediate environment	about my own and	I can suggest how I			
			or community	others' strengths and	can contribute to a	I can recognise		
			l	weaknesses and how to	range of activities that	stereotyping and		
			I can take turns and	improve	help me to become	discrimination		
			share as appropriate	La dispersion de servicio de la C	more enterprising			
			• Logn suggest siles	I can work and play independently and in	• Loan talk shout so:	I can identify the range of jobs carried out by the		
			I can suggest rules that would improve	independently and in	I can talk about my vious on issues that	of jobs carried out by the		
			that would improve things for the common	groups, showing sensitivity to others	views on issues that affect me and my class	people I know		
			good	30/13/11VIIV TO OTHERS	arrect the aria my class	I can reflect on the		
			9000	I can work	I can empathise with	range of skills needed in		
			Learn about the	independently and in	another viewpoint	different jobs.		
			conventions of courtesy	groups, taking on				
			and manners	different roles and	1	• I can work co-		
				collaborating towards	1	operatively, showing		
			I can recognise how	common goals		fairness and consideration		
			attitude and behaviour,			to others		
			including bullying, may					
			affect others			I can face new		
						challenges positively and		
			 I can listen to, reflect 	1	1	know when to seek help		
			on and respect other	1	1			
			people's views and	1	1	I can behave safely and		
			feelings	1	1	responsibly in different		
			. Lana want			situations		
			I can work and play independently			I can form and maintain		
			and in groups, showing	1	1	appropriate relationships		
			sensitivity to others			with a range of different		
			Johnshiy To Officia	1	1	people.		
			I can recognise how			poopio.		
			behaviour affects other	1	1	• I can work		
			people			independently and in		
				1	1	groups, taking on different		
				1	1	roles and collaborating		
						towards common goals		
Similarities	continue developing		3D PSHE Units:	LMTW Zero to Hero:	1	LMTW Cry Freedom:		LMTW I Have a Dream:
JII III GITTIC3	positive attitudes				1	Religious Views Tolerance		0 11 15: 11
and	about the differences		Know the importance	Similarities and	1	and Diversity		Cultural Diversity
	between people		of respecting others,	Differences	1	LMTW Come Fly With Me		Gender discrimination
Differences	•develop their sense		even when they are very different from them.	Boys and girls		America:		Gender discrimination
	of responsibility and		different nom mem.	boys and girls	1	Celebrating Diversity		
	membership of a		I can reflect on the	1	1	Calebrating Diversity		3D PSHE Units:
	community		similarities and			3D PSHE Units:		OD TOTIL OTHIS.
	Sommonny		differences between	1	1	55 1 61 IE 61 III3.		Know the importance
			people	1	1	Know what a stereotype		of self-respect and how
	 know that there are 		15 15 - 5			is, and how stereotypes		this links to their own
	different countries in		I can recognise and	1	1	can be unfair, negative or		happiness
	the world and talk		respect similarities and	1	1	destructive		1
							_	

١		about the differences		differences between		=			Learn about racial
		they have experienced or seen in photos		people			Know and understand the terms 'discrimination' and 'stereotype'		discrimination and its impact on societies, past and present
							Challenge stereotypes relating to gender and work		I can identify different forms of discrimination against people in societies
							Understand how we are all connected by our similarities		I can recognise and respect similarities and differences between people
							I can work co- operatively, showing fairness and consideration to others		I can recognise stereotyping and discrimination
							I can recognise and respect similarities and differences between people		I can recognise the factors influencing opinion and choice, including the media
							I can empathise with another viewpoint		I can challenge stereotyping and discrimination
	Rules and	Increasingly follow rules, understanding	Explain the reasons for rules, now right from	3D PSHE Units:	LMTW Land Ahoy:		LMTW Law and order:	3D PSHE Units:	
	Responsibilities	why they are	wrong and try to	Understand that	Rules / Expectations		Rules and Responsibilities	Understand why	
	(Coporisioninos	important.	behave accordingly	people and other living things have needs and	Sharing Responsibility		Thinking Ahead	structure is needed in different situations	
		Do not always need an adult to remind	 Says when they do or don't need help 	that they have responsibilities to meet			Actions and	Understand the term	
		them of a rule	•Knows the people who	them			Consequences	'anarchy' and understand the	
		Develop their sense of responsibility and membership of a	look after them and their different roles and responsibilities	Learn about and show responsibility to others				implications of living in an anarchic society	
		community		I can make positive real-life choices I can work independently and in groups, taking on				I can recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice	
				different roles and collaborating towards common goals I can take the lead, prioritise actions and				I can discuss how people can live and work together to benefit their communities	
				work independently and collaboratively towards goals				I can talk, write and explain my views on issues that affect the wider environment	
				I can consider ways of looking after the school or community and how to care for the local environment				I can take action based on responsible choices	
				I can express views and take part in decision-making activities to improve my				 I can recognise right and wrong, what is fair and unfair and explain why. 	
				immediate environment or communities.				Know and understand the meaning of the	

			1	I			T	, , , , , , , , , , , , , , , , , , , ,
			1				following:- democracy,	
							sovereignty, dictatorship,	
			I can listen to and				government, monarchy	
			show consideration for					
		1	other people's views				I can recognise the difference between right	
			I can listen to, reflect				difference between right and wrong and what is	
		1	on and respect other				fair and unfair	
		1	people's views and				iar and ornall	
			feelings				I can consider the	
			Teemings				main features of	
			I can identify the				democracy	
			importance of rules and					
			be able to say why rules				Learn about	
			applying to me are				organisations such as the	
			necessary.				United Nations	
							Understand the	
							importance and	
							significance of equal	
							rights	
		1	1				- Loop ropognico the-t	
							I can recognise that people's basic needs	
							are the same around the	
		1	1				world, discussing why	
		1	1				some societies are more	
		1	1				able to meet these	
							needs than others	
							I can engage actively	
							with democratic	
							processes and address	
							issues of concern to me	
							through my actions and	
							decision-making	
Diversity and	Develop their sense of	Beginning to consider	LMTW Unity in the	3D PSHE Units:	LMTW Come Fly with Me:	LMTW Come Fly With Me		LMTW Wars of The World:
	responsibility and	the impact of their	Community:	• Understand why it is	Communities	America:		Extremism and
Communities	membership of a	actions on others and the environment	Communities	Understand why it is important to be part of a	Communities	1	I	EXITERNISM UND
55111116111165				i importanti io be part ot a				Padicalization
	community	ine environment	Corrinornics		3D PSHE Unite:	Communication		Radicalisation
		THE GIVILOTITIETI	Commonnes	community	3D PSHE Units:			Radicalisation
	continue developing	THE ENVIOLITIES		community		Communication Celebrating Diversity		
		THE GIVIOTITIEST	3D PSHE Units:		3D PSHE Units: • I can work co- operatively, showing			Radicalisation 3D PSHE Units:
	continue developing positive attitudes	ille envilonment		community • I can show awareness	I can work co-			
	continue developing positive attitudes about the differences between people	ille envilonment	3D PSHE Units: • I can listen to and	I can show awareness of issues affecting communities and groups	I can work co- operatively, showing	Celebrating Diversity 3D PSHE Units:		3D PSHE Units: • Know the importance of self-respect and how
	continue developing positive attitudes about the differences between people know that there are	ille envilonment	3D PSHE Units: • I can listen to and show consideration for	I can show awareness of issues affecting communities and groups I can recognise the	I can work co- operatively, showing fairness and	Celebrating Diversity 3D PSHE Units: • Understand why it is		3D PSHE Units: • Know the importance of self-respect and how this links to their own
	continue developing positive attitudes about the differences between people know that there are different countries in	ille envilonment	3D PSHE Units: • I can listen to and	community I can show awareness of issues affecting communities and groups I can recognise the importance of local	I can work co- operatively, showing fairness and consideration to others	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to		3D PSHE Units: • Know the importance of self-respect and how
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk	ille envilonment	3D PSHE Units: • I can listen to and show consideration for other people's views	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing	I can work co- operatively, showing fairness and consideration to others Understand why it is	Celebrating Diversity 3D PSHE Units: • Understand why it is		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences	THE GIVILOTHIGHT	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect	community • I can show awareness of issues affecting communities and groups • I can recognise the importance of local organisations in providing for the needs of the local	I can work co- operatively, showing fairness and consideration to others Understand why it is important to listen to	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have	ille envilonment	3D PSHE Units: I can listen to and show consideration for other people's views I can listen to, reflect on and respect other	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing	I can work co- operatively, showing fairness and consideration to others Understand why it is	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work co-		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	ille envilonment	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and	community • I can show awareness of issues affecting communities and groups • I can recognise the importance of local organisations in providing for the needs of the local community	I can work co- operatively, showing fairness and consideration to others Understand why it is important to listen to others	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have	ille envilonment	3D PSHE Units: I can listen to and show consideration for other people's views I can listen to, reflect on and respect other	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how	I can work co- operatively, showing fairness and consideration to others Understand why it is important to listen to others I can work co-	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	ille envilonment	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions,	I can work co- operatively, showing fairness and consideration to others Understand why it is important to listen to others I can work co- operatively, showing	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTITIESTI	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTITIESTI	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a	I can work co- operatively, showing fairness and consideration to others Understand why it is important to listen to others I can work co- operatively, showing	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVINGILIENT	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and	Celebrating Diversity 3D PSHE Units: Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTHIGHT	I can listen to and show consideration for other people's views I can listen to, reflect on and respect other people's views and feelings I can consider ways of looking after the school or community and how	community • I can show awareness of issues affecting communities and groups • I can recognise the importance of local organisations in providing for the needs of the local community • I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTITIESTI	3D PSHE Units: I can listen to and show consideration for other people's views I can listen to, reflect on and respect other people's views and feelings I can consider ways of looking after the school or community and how to care for the local	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens,	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTHICAL	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTHIGHT	3D PSHE Units: I can listen to and show consideration for other people's views I can listen to, reflect on and respect other people's views and feelings I can consider ways of looking after the school or community and how to care for the local environment I can identify the importance of rules and	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and differences between
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTITIESTI	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, toking on	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILOTITIESTI	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules applying to me are	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, taking on different roles and	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with another viewpoint	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to communicate their		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and differences between people
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in		3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, taking on different roles and collaborating lowards	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with another viewpoint Know how to identify	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and differences between people • I can recognise
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVINGILIENT	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules applying to me are necessary	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, taking on different roles and	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with another viewpoint Know how to identify ways to improve the	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to communicate their opinions in a group setting		3D PSHE Units: Know the importance of self-respect and how this links to their own happiness Learn about racial discrimination and its impact on societies, past and present I can identify different forms of discrimination against people in societies I can recognise and respect similarities and differences between people I can recognise stereotyping and
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in	THE GIVILORING III	3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules applying to me are necessary • I can express views	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, taking on different roles and collaborating lowards	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with another viewpoint Know how to identify	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to communicate their opinions in a group setting • Understand why it is		3D PSHE Units: • Know the importance of self-respect and how this links to their own happiness • Learn about racial discrimination and its impact on societies, past and present • I can identify different forms of discrimination against people in societies • I can recognise and respect similarities and differences between people • I can recognise
	continue developing positive attitudes about the differences between people know that there are different countries in the world and talk about the differences they have experienced or seen in		3D PSHE Units: • I can listen to and show consideration for other people's views • I can listen to, reflect on and respect other people's views and feelings • I can consider ways of looking after the school or community and how to care for the local environment • I can identify the importance of rules and be able to say why rules applying to me are necessary	community I can show awareness of issues affecting communities and groups I can recognise the importance of local organisations in providing for the needs of the local community I can reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally I can work independently and in groups, taking on different roles and collaborating lowards	I can work cooperatively, showing fairness and consideration to others Understand why it is important to listen to others I can work cooperatively, showing fairness and consideration to others I can talk about my views on issues that affect me and my class I can empathise with another viewpoint Know how to identify ways to improve the	Celebrating Diversity 3D PSHE Units: • Understand why it is important to listen to others • I can work cooperatively, showing fairness and consideration to others • I can talk about my views on issues that affect me and my class • I can empathise with another viewpoint Know how to communicate their opinions in a group setting		3D PSHE Units: Know the importance of self-respect and how this links to their own happiness Learn about racial discrimination and its impact on societies, past and present I can identify different forms of discrimination against people in societies I can recognise and respect similarities and differences between people I can recognise stereotyping and

	feelings I can work and play independently and in groups, showing sensitivity to others I can recognise how behaviour affects other people Know the importance of respecting others, even when they are very different from them. I can reflect on the similarities and differences between people I can recognise and respect similarities and	I can reflect on the similarities and differences between people I can work and play independently and in groups, showing sensitivity to others I can work independently and in groups, taking on different roles and collaborating towards common goals	people I know I can reflect on the range of skills needed in different jobs. I can work cooperatively, showing fairness and consideration to others I can form and maintain appropriate relationships with a range of different people. I can work independently and in groups, taking on different roles and collaborating towards common goals Know what a stereotype is, and how stereotypes	
	different from them. • I can reflect on the similarities and differences between people • I can recognise and	common goals	independently and in groups, taking on different roles and collaborating towards common goals Know what a stereotype	
Money and Finance	3D PSHE Units: • Understand where money comes from • Recognise notes and coins	3D PSHE Units: • Understand the importance of managing money carefully • I can recognise where	LMTW Picture our Planet: Economic Awareness Needs and Wants Financial Capability	LMTW Full of Beans: Financial Capability Aspirations

	I can recognise where	the choices people		
	money comes from and	make to spend money		Know and understand
	the choices people	on things they want and		the principles of
	make to spend money	need		enterprise
	on things they want and	1		
	need	I can understand that		Understand profit and
	need	we cannot always afford		loss
	Understand the role of	the items we want to buy		1033
		The herris we warn to boy		• I can work
	money in our society	Understand the		collaboratively towards
	• I can identify the	importance of choices		common goals
	different types of work	and spending money		
	people do and learn	wise		• I can reach
	about different places of	I can recognise where		agreements, make
	work	money comes from and		decisions and manage
		the choices people		discussions to achieve
	I can recognise where	make to spend money		positive results
	money comes from and	on things they want and		
	the choices people	need		 I can recognise my
	make to spend money			strengths and how I can
	on things they want and	 I can understand that 		contribute to different
	need	we cannot always afford		groups
	1	the items we want to buy		
	Understand why it is	1		I can take the lead,
	important to keep	Gain a basic		prioritise actions and
	money safe	understanding of		work independently and
	ĺ	enterprise		collaboratively towards
	I can recognise where			goals
	money comes from and	I can recognise where		
	the choices people	money comes from and		I can respond to
	make to spend money	the choices people		challenges, including
	on things they want and	make to spend money		recognising, taking and
	need	on things they want and		managing risk
	need	need		managing lisk
		need		I can identify the skills I
		I can understand that		
				need to develop to
		we cannot always afford		make my own
		the items we want to buy		contribution in the
				working world in the
		I can contribute to		future
		enterprise activities		
				 I can show initiative
				and take responsibility for
				activities that develop
				enterprise capability
	1	1		
	1	1		Know and understand
	1	1		the principles of charity
				work
	1	1		
				I can work
	1	1		collaboratively towards
	1	1		common goals
	1	1		
	1	1		• I can reach
	1	1		agreements, make
				decisions and manage
	1	1		
	1	1		discussions to achieve
	1	1		positive results
	1	1		- Logo voca anica mi
	1	1		I can recognise my
				strengths and how I can
				contribute to different
	1	1		groups
	1	1		
	1	1		I can take the lead,
	1	1		prioritise actions and
	1	1		work independently and
	1	1		collaboratively towards
	1	1		goals

				I can respond to challenges, including recognising, taking and managing risk I can identify the skills I need to develop to make my own contribution in the working world in the future I can show initiative and take responsibility for activities that develop enterprise capability
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Core Theme 1: Health and Wellbeing

Core Theme 2: Relationships

Core Theme 3: Living in the Wider World