



## PSHE

### Intent

#### Why is PSHE important at The Federation of Holy Trinity Church of England Schools?

- ✓ Our vision for PSHE is that all pupils will be confident, successful and happy members of society who both participate in and contribute to the life of their community at Holy Trinity and beyond. They will take risks in their learning but know how to stay safe and healthy at home and in the community.
- ✓ PSHE is challenging, motivating, practical and interactive. In our diverse society, pupils need to develop an understanding of themselves, others and their community and how we can work together in harmony. They also need to know how to maintain healthy lifestyles and relationships with others. PSHE plays an integral role in pupils exploring these things and helps prepare them for the community that they live in now and in the future.
- ✓ Our school is committed to promoting the health and well-being of all pupils, and of the whole school community, and we recognise the important relationship between well-being and learning. We provide pupils with a curriculum that is broad, balanced and meets the needs of all.
- ✓ Through PSHE, and the wider curriculum, our aim is to promote the spiritual, moral, cultural, mental and physical development of pupils at the school and in society, and work to prepare pupils at the school for the opportunities, responsibilities and experiences of later life. PSHE education is extremely important to us and is at the heart of our school ethos and is embedded throughout all areas of the wider curriculum.

#### Through PSHE at The Federation of Holy Trinity Church of England School we want ...

- Pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society.
- To introduce pupils to some of the opportunities, challenges and responsibilities they will face growing up.
- To actively promote the moral, cultural, mental and physical development of pupils.
- To help pupils achieve their full potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships.
- Pupils to learn about boundaries, including understanding boundaries in friendships with peers and also in families and with others, in a range of contexts, including online.



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### Implementation

#### Meet Yogi!



Yogi helps us to understand our Spiritual, Moral, Cultural, Mental and Physical development and how that can help to prepare us for the opportunities, responsibilities and experiences of life as we grow up. Yogi is known across the school by pupils and staff. Every lesson begins with meeting him!

#### How is PSHE and Relationships Education taught at The Federation of Holy Trinity Church of England Schools?

At Holy Trinity, we teach PSHE and Relationships Education both discretely and through thematic units. Our thematic units come from the Dimensions Learning Means the World Curriculum and the discrete units come from Dimensions' 3D PSHE Programme.

Through our PSHE teaching, pupils develop the knowledge, skills and attributes needed to keep themselves healthy and safe whilst preparing them for life and work.

There are three underlying core themes taught throughout our PSHE curriculum, within which there is broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

**Relationships Education:** We focus on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and adults. Our PSHE curriculum teaches pupils, in an age-appropriate way, what a healthy relationship is, enabling them to form a clear understanding of the features of positive relationships that are likely to lead to fulfilment, happiness and security. Pupils learn what friendship is, what family means and who the people are who can support them.



## PSHE

As PSHE is essentially at the heart of our school ethos, it is embedded throughout all the areas of the wider curriculum, and we provide the children with an enriching array of opportunities. These include opportunities to

- Continually embed essential skills for personal development through every subject and within every part of school life (overlearning). We use a combination of 3D PSHE, Dimensions Learning Means the World and Thrive sessions to teach lessons explicitly and discretely through everyday sessions.
- Debate and discuss contemporary issues within class and throughout our Collective Worship assemblies.
- Lead others - with various opportunities across year groups such as Zone Rangers, Eco Team, Mini Mellors and School Council.
- Present work and teach others about our learning, for example leading assemblies and parent forums on online safety.
- Be surrounded by a team of staff who model effective personal, social and emotional skills, building strong relationships, mutual respect and helping all learners to develop healthy attitudes, habits and routines which children can take on into their own lives.

### Impact

#### Where will you see evidence of the effectiveness of PSHE at The Federation of Holy Trinity Church of England Schools?

- ✓ Pupils' Learning Means The World Books (Journals/floor-books)
- ✓ Class / corridor displays
- ✓ Pupil voice
- ✓ Within lessons
- ✓ Subject leader folder
- ✓ Thrive sessions (class / group / 1-1)
- ✓ Collective Worship / Assemblies
- ✓ In all areas of school life!