

Allergens Parent Pack



Nut Policy

For many years now, education sites have been cautious around the usage of nuts in the school kitchen. It is a standard rule that is adhered to by a large proportion of UK education establishments and over 75% of schools still adopt this practice with nuts not being used as an ingredient in the school kitchen.

Mellors Catering Services chooses not to use nuts or nut products in our schools. The recipes provided to our schools do not include nuts as part of the ingredient profile and it is the catering manager's responsibility to ensure that this policy is adhered to.

Although we do not use nuts as an ingredient, many factories are multi-purpose operations and there may be a small cross contamination risk when it comes to some products that we purchase. These products carry a disclaimer that says 'may contain nuts or traces of nuts'. There will be very few products in a primary school that carry this disclaimer.

If a child in a primary school has a nut allergy, the school will not provide any products that carry this disclaimer to that child.

Useful websites/further information

Anaphylaxis campaign: www.anaphylaxis.org.uk

Allergy UK: www.allergyuk.org

Food Standards Agency:
www.food.gov.uk/safety-hygiene/food-allergy-and-intolerance

Mellors Contact Details

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Special Dietary Needs Form

This must be completed by a parent/guardian once a special diet request has been made.
This must be supported with a medical note to confirm the special diet.

Checklist

- ☐ Complete this form
- ☐ Include a recent photo of the child (unless school already have one)
- ☐ Include a medical note from the child's doctor or dietician

Pupil Information

Full Name	
Date of Birth	
Year	
Class	
Name of Parent/Guardian	

Allergy / Intolerance Information

Allergy / Intolerance Details:
Symptoms:
Daily Care Requirements: