



# Relationships and Sex Education (RSE) Policy

## Content and Coverage

### In Early Years Foundation Stage pupils are taught to....

- Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021)
- Know when to say thank you and sorry
- Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021)
- Say when someone is special to them
- Work and play cooperatively and take turns with others (ELG 2021)
- Takes steps to resolve conflicts with other children by finding compromises
- Recognises, names and owns everyday feelings such as happy, sad and cross
- Explain the reasons for rules, know right from wrong and try to behave accordingly (ELG 2021)
- Joins in and enjoys a range of activities
- Works together cooperatively towards common goals
- Form positive attachments to adults and friendships with peers
- Set and work toward simple goals, being able to wait for what they want and control their immediate impulses when appropriate
- Show sensitivity to their own and to others' needs
- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour
- Recognises ways in which their families are special
- Knows the people who look after them and their different roles and responsibilities
- Build constructive and respectful relationships
- Show sensitivity to their own and to others' needs (ELG 2021)
- Recognises that their bodies can do lots of different things

In the EYFS, children will also be introduced to the very age appropriate and child friendly NSPCC resource, 'Pantosaurus' where they learn about the PANTS rules. This resource is used throughout school to help children recognise this key aspect of safeguarding. Appropriate vocabulary will be used to discuss body parts as needed. The 'PANTS' rules as set out by the NSPCC are as follows:

P – Privates are private

A – Always remember your body belongs to you

N – No means no

T – Talk about secrets that upset you

S – Speak up, someone can help.