



Relationships and Sex Education (RSE) Policy

Content and Coverage

In Year 3 pupils are taught to

- Understand that it is important to share their opinions and to be able to explain their views confidently
- Learn to listen to other people and play and work co-operatively
- Communicate their feelings to others
- Share opinions and explain their views
- Listen to other people and work cooperatively
- Learn about the importance of using the internet safely
- To value their own achievements
- To learn how to set simple goals and targets for themselves
- To recognise how they can use their strengths to contribute to different groups
- To identify and respect similarities and differences between boys and girls
- To recognise and respect similarities and differences between people
- Learn to take responsibility for their own actions
- Learn to be responsible for another living thing
- Understand the reason why we have rules
- Learn about rules as expectations
- Understand to agree and follow rules for their group and classroom
- Recognise why rules and expectations are important
- Understand why we have rules /expectations
- Learn about how they can contribute to the life of the class
- Understanding the importance of sharing
- Know that everyone has a responsibility to consider the needs of others
- Learn about a range of different feelings and emotions
- Understand that it is acceptable to feel a range of emotions
- Recognise, name, manage and express feelings in a positive way
- Understand and be aware of the different ways to show sadness
- Understand about coping with change and loss
- Recognise what is fair and unfair
- Understand the difference between right and wrong
- Know how to respond safely and appropriately to adults that may encounter (in all contexts, including online) whom they do not know
- Recognise the importance of listening to other people
- Understand the importance of being to work cooperatively
- Understand the concept of negotiation
- Learn about some of the physical changes in our bodies as we grow
- Understand emotional changes as we grow up
- Know that they have rights over their own bodies and the right to allow or not allow anyone to touch our bodies
- Understand that family and friends should care for each other