

Monday

Tuesday

Wednesday

Thursday























Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges 	Mixed bean bolognaise with penne pasta   	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice  	Vegetable nuggets, chips & tomato ketchup 
Pepperoni pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta  	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice  	Fish fingers, chips & tomato ketchup
Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & Cauliflower 	Baked Beans 
Tuna Mayo	Cheese	Tuna Mayo	Ham	Cheese
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Apple Strudel & Custard 	Baked apple & cinnamon sponge 	Chocolate Shortbread 

Veggies



Filled Rolls





Sweet Treats



Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 



Monday

Tuesday

Wednesday

Thursday


Friday


Main Meal


OPTION 1


OPTION 2




Margherita pizza & oven baked wedges 

Pea-powered vegetable pie & new potatoes 

Cheesy cauliflower pasta bake 

Veggie all day breakfast 

Quorn dippers, chips & tomato ketchup 

Tomato, spinach & salmon pasta 

Chicken & vegetable pie with new potatoes

Roast turkey breast, roast potatoes & gravy

All day breakfast, with pork sausages (beef casings)

Fish & chips with tomato ketchup

Veggies




Broccoli 

Peas 

Carrots & cauliflower 

Baked beans 

Peas 

Filled Rolls



Tuna Mayo

Cheese

Ham


Tuna Mayo


Cheese


Sweet Treats




Traditional Flapjack 

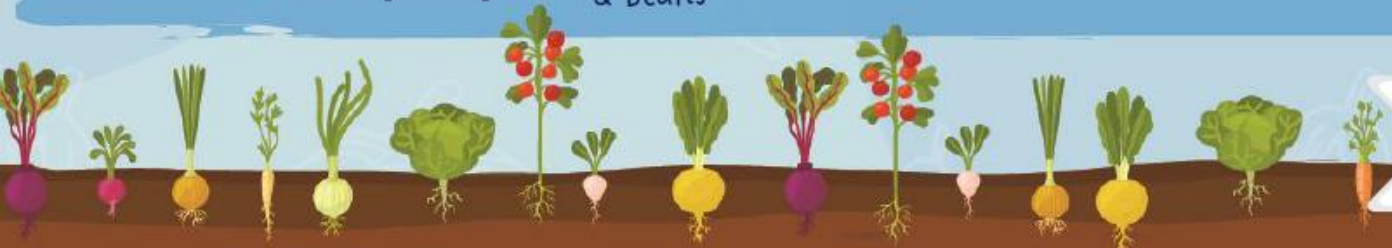
Oaty apple crumble & custard 

Chocolate Mousse 

Carrot cake with orange glaze 

Chocolate fruit crispie cake 

Available Every Day - Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

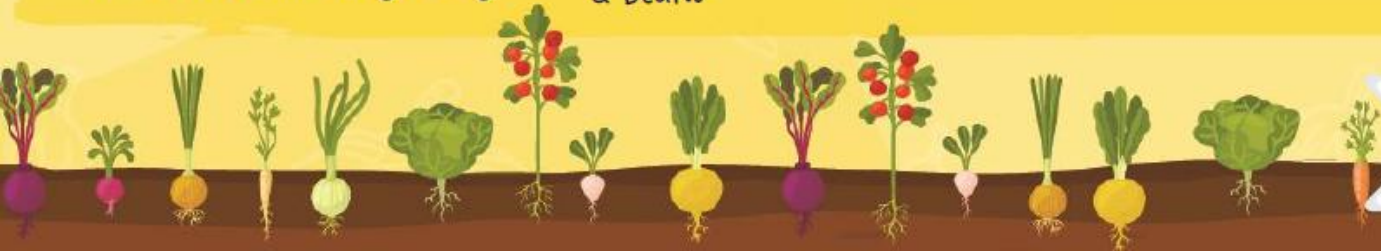


KEY

Wholegrain  Vegetarian 
 Nutritionist's Choice  Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1 OPTION 2	Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Pea-powered cottage pie with gravy	Baked creamy mac 'n' cheese	Vegan Sausage roll, chips & tomato ketchup
	Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Filled Rolls	Cheese	Tuna Mayo	Cheese	Ham	Cheese
Sweet Treats	Chocolate Shortbread	Apple & summer berry crumble with custard	Lemon Sponge & Custard	Garden Brownie	Strawberry Mousse

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY Wholegrain Vegetarian
 Nutritionist's Choice Vegan