Newsletter

23/02/2024

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Our Rhythm of Lent Journey

As we prepare for Easter, the season of Lent gives us the chance to look again at the rhythm of our own lives and reflect on how we shape these for good. This week we are focusing on the habits of encouragement and celebration.

Dates for your Diary

Class PE Days

Reception - Monday & Friday

Year 1 - Monday & Friday

Year 2 - Tuesday & Thursday

Year 3 – Tuesday & Friday

Year 4 - Tuesday & Thursday

Year 5 – Monday & Wednesday

Year 6 - Wednesday & Friday

On PE days pupils are asked to wear their PE kit to school.

PE Kit reminder

Pupils must wear

- black shorts / black tracksuit bottoms or leggings
- plain t-shirt in the colour of their school 'house': Brimham (blue), Fountains (red), Studley (green) and Newby (yellow)
- A red sports hoodie school or plain red
- trainers or other suitable footwear

Diary Dates

Wednesday 6th March Year 6 One Line Safety Workshop 6pm Junior Hall

Thursday 7th March World Book Day

Friday 8th - Sunday 17th March 2024 National Science Week

Monday 18th March -Friday 22nd March Shakespeare Week

Wednesday 20th March Easter Service at Holy Trinity Church. Parents and families welcome.

Wednesday 20th & Thursday 21st March Parent Consultations

Friday 22nd March Easter Fun Day

Easter Holidays Monday 25th March – Tuesday 9th April Staff training days 2023 - 2024:

Monday 4th September 2023

Friday 15th September 2023

Monday 8th January 2024

Monday 8th April 2024

Monday 22nd July 2024

Training Days 2024/2025

Monday 2nd September 2024

Friday 25th October 2024

Monday 6th January 2025

Monday 21st July 2025

Tuesday 22nd July 2025



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Dear Families,

Soft Start

Earlier this week Mrs Gomes led a Personal, Social, Health and Economic Education. (PSHE) Professional Development Meeting for staff. PSHE and Relationships Education is an essential part of our pupil's education as it enables them to develop the knowledge, skills and understanding they will need to become informed, healthy, active, independent and responsible citizens. The meeting also focused on our Thrive strategy. As part of our training Mrs Gomes and Mrs Hooks presented some ideas from the our Thrive strategy to support pupils. One of the areas our discussion focused on was the idea of a 'soft start.' A soft or staggered start to the school day would help children make a smooth transition as they arrive at school and enter their classroom.



Yogi our PSHE curriculum creature

Staff were very positive on the benefits to pupils

- ✓ Pupils would benefit from some time to settle into class before lessons begin
- ✓ Staff would be available at the beginning of the day for informal chats and discussions with children
- ✓ Staff could greet pupils in a more timely way; using their name with a greeting or pointing out something individual they notice about them will meet the need to feel special and build connection
- ✓ Pupils could be prepared for the absence of any staff
- ✓ Pupils could enjoy mindfulness/relaxation/calming strategies at the start of the school day to help them settle
- ✓ Pupils could have time to regulate themselves, for example, sorting the books or sharpening the pencils. This can inform how staff support pupils during the school day
- ✓ Staff would have more time to talk to pupils; this will enable greater connection. It could be as simple as knowing their favourite TV programme or football team!

From Monday 4th March, the school gates will open at 8.40am (infants) and 8.45am (juniors) with classroom doors opening as the gates open. This is open to all pupils, however there is no need for parents to change existing times of arrival if they are happy with the current arrangement. We will trial this until the end of the Spring Term then survey pupils, staff and parents for feedback.

Online Safety Workshop

On Wednesday 6th March at 6pm, Year 6 would like to invite Year 6 parents to their Online Safety Workshop. This will be an opportunity for pupils to share what they have learnt during Safer Internet Day and their PSHE curriculum. This is an opportunity to listen to pupils' learning in this area, ask any questions and take away some fabulous resources from the National Online Safety organisation.

We look forward to welcoming lots of parents!

Parents' Evening

Parents will receive a notification explaining how to make an appointment to see their child's work, meet their class teacher and discuss their progress and attainment on Wednesday 20th & Thursday 21st March. Our online booking system for Spring 2024 Parent Teacher Consultation Meetings will be available from 10:00am on Saturday 2nd March 2024.

Mrs Cope, SENDCo, is also available to meet with parents; please email s.cope@htceschools.co.uk to make an appointment. Mrs Sanderson and Mrs Bell-Walker will be across both sites on both evenings should you wish to speak with either.

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If you have any difficulties or would like us to book an appointment for you, please phone or call in to the school office.

World Book Day

Our annual World Book Day celebrations will take place on Thursday 7th March. This year, we are going to have a 'bedtime story' theme! We are welcoming all children to come to school dressed as their favourite book character, or, as an alternative, children can wear their pyjamas and dressing gowns, ready for a bedtime story! As always, we would be delighted to see the children bring their favourite books with them too (please make sure they are named as we often have several copies of the same favourites!).

As part of the day, we will be enjoy various book-themed activites to raise the profile and love of reading! They will be thoroughly immersed in all things booky!

We will again run a 'Great Trinity Book Swap' as this has proven incredibly popular in the past. Donations of used books can be dropped off at school beforehand, or children can bring them to school with them on the day. All children can then 'swap' an old book for a 'new to them' one to bring home as their own!

In addition to this, we will be running the very popular 'Trinity Book Café' where we encourage family and frinds to come into the hall on both sites and enjoy time with their children, friends and favourite books! Donations of cakes, biscuits (and any sweet treats) can be dropped off at both sites on Wednesday, the day before, or on Thursday morning. We will then open the hall doors to welcome visitors in from 2-3pm. Cakes will then be 'sold' for donations and any proceeds will go directly back to buying books for the children.

Also, on World Book Day, we will be launching a new reading initiative! We will be challenging the children (and adults!) to read 24 books in 2024! We will report back with our progress! The kitchens on both sites have been busy preparing special book themed lunch menus for the day. The menus for both sites are available to view oon the school website.

Accessible Sports

This week, the children in years 2 to 6 had their final sessions with Kane from A1 MultiSports. The feedback from the children has been overwhelmingly positive and we are incredibly proud of the way they have thrown themselves into something so new, inclusive and challenging with the greatest of positive mindsets! Kane was keen to share that it has been a privilidge being in our school and wanted to share that the pupils did us proud! Please check the website for photos!

Sue Sanderson Executive Headteacher

Safeguarding

Mobile Phones In School

Every school has a duty to create an environment that is calm, safe and free from distraction so all pupils, whatever their background, can learn and thrive. One of the greatest challenges facing schools is the presence of mobile phones. Today, by the age of 12, 97% of pupils own a mobile phone. Three in ten pupils cite making and maintaining friendships and their mental health as a cause of worry. anxiety or depression. Earlier this week the Department of Education published guidance re mobile phones in schools. You can read the full guidance here.

We encourage pupils to enjoy using their mobile devices to communicate and interact online we do not allow access during the school day. At Holy Trinity all pupil mobile phones must be switched off before pupils walk through the gates and only switched on as they leave the gates at the end of the day. Mobile phones are securely stored by staff during the day.



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Class News

Please see the class pages on our website. Class newsletters will be uploaded fortnightly.

The next class newsletter will be on Friday 1st March.

The Federation of Holy Trinity Church of England Schools - Class pages (htjce.co.uk)

Inclusion Team

Pastoral

This week has been Children's Mental Health week focusing on the Voice of the Child! Classes have created their own class worry boxes and support around using their voice. We are available to offer lots to support to our children in school and we wanted to share some amazing resources by NHS psychologists to help your understand your child and their mental health needs. They have short courses and longer ones on understanding your child's

feelings, mental health and reading behaviour. Please find details at www.inourplace.co.uk and don't forget our school sits in a pre-paid area meaning these are completely free for you to access! To access use the code NYFamilies and a North Yorkshire postcode.

There is also a wealth of information at <u>Children's Mental Health Week</u> (<u>childrensmentalhealthweek.org.uk</u>)

SEND



A reminder for all parents/ carers of children on our SEND Register to ensure you have signed into Provision Map using the personal links that were emailed to you in December 2023. If you wish to add your parental contribution to the existing plans, add information to your child's pupil profile or request any feedback from teachers please do share this using the comment and message functions.

Target mats will be reviewed this term and families will need to sign onto the system as part of the review process. If you require a new link, or are having any problems at all, please email s.cope@htceschools.co.uk





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more than 4 IN 10 CHILDREN will have a sleep difficulty at some point.

This figure shoots up to more than 80%

when a child has a Special Educational Need or Disability (SEND). If you are struggling with your child's sleep, YOU ARE NOT ALONE!

With National Bed Month just around the corner (March 2024) I wanted to share some resources which I hope many families may find helpful. The Sleep Charity (https://thesleepcharity.org.uk) have lots of helpful advice and resources for parents and children who are struggling



Here are some facts that you may not know:

- Sleep helps youngsters to grow, hormones are released during the night that support growth.
- Body tissue repairs during sleep many top sports people have sleep coaches!
- A hormone is released during sleep that regulates appetite.
- A good night's sleep helps youngsters to concentrate better and to consolidate learning.
- Immune systems are stronger when we are well rested.
- We feel less anxious when we have had adequate sleep
- Beauty sleep is a real thing research has proven that we look better after a good kip!



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Office & Community

Attendance Absence Reporting Reminder

If your child is absent from school due to illness, please telephone school on 01765 602858 and inform the office staff ideally between 8.30 and 9am. If your child's illness lasts for more than one day, you must phone school daily and inform us why your child is still absent. If your child's illness lasts longer than 48hrs and you have not already done so, we advise you to seek medical attention. If you do not inform school and we cannot make contact, a member of the leadership team may visit your home to check all is well and ask why your child is absent from school. It is very important that you contact school and inform us why your child is absent. If we do not hear from you, we will be concerned and may make a referral to outside agencies.

Lunch payments

If you pay for your child's school lunches, please can we ask that you credit your ParentPay account to cover the cost.

FREE money for our schools when you shop online

Visit EasyFundraising for more information and use our school code! https://www.easyfundraising.org.uk/causes/htjce/



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SIGHTS and SOUNDS of RIPON 2024

A free family-friendly day. A celebration of local charities and local services, discover volunteering opportunities, and access advice and support.

Ripon CathedralRipon LibraryRipon Museums

Saturday 9 March 11am - 2pm

RIPON CATHEDRAL

- · Bellringing from 9.30am until 11am
- Bell tower tours at 11.30am and 12.30pm for a limited number of visitors. To ensure your place sign up in advance at Ripon Library.
- Family crafts and games.
- Music by local choirs.
- Pop up Café.
- Over 30 local voluntary and community organisations showcasing their services and where you can get help and support.
- Meet North Yorkshire Police
- Dancing from Ripon City Morris Dancers and Betty Lupton's Ladle Laikers.

WORKHOUSE, PRISON AND POLICE, COURT HOUSE MUSEUMS

 Free entry to all 3 museums upon production of proof of address in HG4 postcode.

LIBRARY

(regular opening times - 10am - 2pm)

- Storytime for under 5s and their families:
 - 11am 11.30am
 - 12noon 12.30pm
- Free LEGO club 11am-12noon a free build LEGO session, suitable for ages 6 to 12 years.
- 11am 12.30pm knitting and crochet taster session. Members of the library Knit and Natter group will show you the basics of knitting and crochet – a free drop-in session.
- Information stalls from: North Yorkshire Living Well and Living Well Smoke Free, Mind, North Yorkshire Rotters, Defibrilators - Yorkshire Ambulance Service NHS Trust, and Dancing for Wellbeing, with a chance to join in with short taster of some dances that can be done seated and standing.

ALL LOCATIONS

 Ripon Poetry Festival will be reading poems inspired by Ripon and Yorkshire at Ripon Cathedral 11.05-11.15am, Ripon Library 12-12.15pm and Workhouse Museum at 12.45-1pm.

*Note: Details of the events are subject to last minute changes.

For more information contact engagement.har@northyorks.gov.uk

A partnership initiative by:



LIVING

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Holy Trinity Church



25 hour Music Marathon

- Fri Feb 23, 2024
- → Feb 24, 2024 1:00 PM
- Holy Trinity Church Nave



9.00 am Holy Communion

- 🛱 Sun Feb 25, 2024
- 3 9:00 AM 9:45 AM
- **9** Holy Trinity Church



Family Church

- 🗀 Sun Feb 25, 2024
- ① 10:30 AM 11:45 AM
- Holy Trinity Church Rooms 1&2



10.30 Morning Worship

- Sun Feb 25, 2024
- ① 10:30 AM 11:45 AM
- Holy Trinity Church Nave



⊗ Stay & Say

- D Sun Feb 25, 2024
- O 6:00 PM 7:30 PM
- **9** Holy Trinity Church Arches



⊘ Daily Morning Prayer - Zoom

- [™] Mon Feb 26, 2024
- © 8:30 AM 9:00 AM
- Online Zoom



Little Fishes

- Mon Feb 26, 2024
- © 9:00 AM 11:00 AM
- 8 Holy Trinity Church R 1-2



Renew Ripon

- Mon Feb 26, 2024
- ① 11:30 AM 1:30 PM
- 9 Holy Trinity Church Coffee Area



Breakfast Club

- Tue Feb 27, 2024
- 3:10 AM 9:00 AM
- & Holy Trinity Church Arches



Tuesday Prayer Group

- ☐ Tue Feb 27, 2024
- ③ 11:00 AM 12:00 PM



Renew Ripon

- Tue Feb 27, 2024
- ① 6:30 PM 8:30 PM
- & Holy Trinity Church Room 4



Tea and Tots

- ☐ Wed Feb 28, 2024
- ① 10:00 AM 12:00 PM
- **9** Rooms 1 & 2

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⊗ BOOST All Stars

- □ Wed Feb 28, 2024
- 3:30 PM 4:30 PM
- **9** Holy Trinity Church Arches



Looking at John

- [™] Wed Feb 28, 2024
- ① 7:00 PM 8:30 PM
- 8 Holy Trinity Church Room 1



College Road Fellowship Group

- □ Wed Feb 28, 2024
- ① 7:30 PM 9:00 PM
- & College Road Area



Pathways

- Thu Feb 29, 2024
- O 10:00 AM 11:00 AM
- 9 Holy Trinity Church Room 5



Thursday Holy Communion

- □ Thu Feb 29, 2024
- O 11:30 AM 12:00 PM
- 8 Holy Trinity Church Room 3



10.30 All Together Worship with Holy Communion

- 🗀 Sun Mar 3, 2024
- ① 10:30 AM 11:45 AM
- 9. Holy Trinity Church Nave